



Internet Security for Kids in the Age of AI

Navigating the Digital Race Safely

Help your children become smart digital travelers by teaching them how to navigate the online world safely, even as AI tools and technologies become part of everyday life.

The Do's and Don'ts of Online Safety



DON'T

- ✗ Believe everything you see online. AI can create convincing fake videos, images, and messages.
- ✗ Share personal information like your full name, address, school, phone number, or location.
- ✗ Chat with strangers, including AI chatbots, without guidance from a trusted adult.
- ✗ Reuse passwords or share them with friends.



DO

- ✓ Ask a parent or trusted adult when something online seems suspicious or too good to be true.
- ✓ Think before you click on links, downloads, or QR codes.
- ✓ Treat AI tools like public spaces, never share passwords, private information, or family details.
- ✓ Use strong, unique passwords and enable multi-factor authentication whenever possible.

Parent Checkpoint Guide

1

Explore Together

2

Set Travel Rules

3

Watch the Route

4

Teach AI Awareness

The best online safety strategy is ongoing conversation, awareness, and teamwork.