



Internet Security for Kids in the Age of AI

Protect your children from online threats by empowering them with the skills to navigate the internet safely, even as technologies like artificial intelligence (AI) continue to evolve.



The Do's and Don'ts of the Internet for Kids

Do

- ✓ Ask a parent if something you see on the internet seems “too good to be true.”
- ✓ Avoid clicking on unknown links or downloading anything without first checking with an adult.
- ✓ Treat AI tools like strangers. Avoid sharing secrets, passwords, or private information with them.
- ✓ Use long, unique passwords and incorporate multi-factor authentication whenever possible.

Don't

- ✗ Trust all content you see on the internet. AI can create fake content that looks trustworthy.
- ✗ Share personal details like your name, school, or address.
- ✗ Visit chat rooms or speak to AI chatbots without an adult's permission.
- ✗ Share passwords with anyone except your parents.

Roadmap for Parents

- 1. Be Curious:** Explore technology as a family, discussing both its benefits and risks.
- 2. Set Boundaries:** Create time limits for online use and encourage device-free family times for balance.
- 3. Monitor Interactions:** Explore parental control tools to filter inappropriate content and monitor app usage. Guide kids on how to report anything unusual or upsetting online.
- 4. Teach AI Awareness:** AI isn't going anywhere. Explain to your kids that while it can be a helpful tool, it isn't always accurate. Encourage your child to ask you or a trusted adult if they're unsure about AI-generated content.